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## **READ & OBSERVE**

Philippians 4:10-13 John 15:4-5 2 Corinthians 12:9-10 Isaiah 40:27-31

## INTERPRET & APPLY

What was the "secret" Paul believed that enabled him to be content in all circumstances?

What's an area of your life where you can practice finidng contentment by choosing to trust in what Paul believed?